

“We Are No Longer Running The Show”

OA Region One Assembly and Convention October 21-25, 2009

The Region One business assembly was held October 21-23, 2009 at La Quinta Hotel in Tacoma, Washington followed by the Region One Convention from Friday evening October 23rd thru Sunday October 25th.

The Assembly began on Wednesday evening with a Region One board meeting and Kevin C, our parliamentarian, answering questions in regards to bylaws revisions.

Thursday morning began with roll call of intergroup representatives, credentials report, adoption of the rules, adoption of the agenda and appointment of the official minutes review committee as well as appointment of the reference and emergency business committees. There were 20 voting members present. Each intergroup rep introduced themselves and told about their intergroups. We discussed what had taken place in the last year. Our intergroup has the second largest number of meetings in the region. We then had time to ask questions about what was happening in other intergroups and share successes and challenges each group faces. Many of the other intergroup reps were interested in our burn parties as well as two retreats a year along with so many day marathons. We are doing a great job! Committee chairs acknowledged their accomplishments for the year. Thursday afternoon we broke into groups to come up with one suggestion for each committee. A few of the suggestions were to have a chair for 12th Step Within Day and possibly have a phone tree on that day each year, ask groups to sponsor by email only up to their level of experience, have the quilt tickets sent out more than once to each intergroup as a reminder of the quilt raffle at the convention each year, information is available to download and make a display board to use at events, need a computer chair and committee to assist with website and writing reports and convert tape library to MP3. Much more was discussed and it will all be available in the minutes on Region One website. Four motions were passed. Two regarding reimbursement to the chair for lodging, one to have the treasurer and at least two other board members as authorized check signers and the last for the Region Bylaws Committee to examine all our policies and procedures to be brought to the Assembly next year. We also went over the revisions of the bylaws. This was basically a house cleaning issue. Changing some of the wording and adding punctuation

Friday there were 19 voting members present. We had nominations and elections of the Region One Board. Last year we had no Trustee, Secretary or Vice-Chair. We now have a full board with a Trustee, Bob P, Secretary, Merry R, Treasurer, Holly B, Vice-Chair, Cindy W, and Chair, Debbie G. We have a good strong board to begin the New Year. We also elected two delegates from Region One to attend WSBC. They are Katya S and Theresa S.

The budget was discussed at great length and finally adopted. Audits will be done each year to protect both the Treasurer and the Region. \$725.00 will be added to the PI funds to be accessed by intergroups. Newsletters will not be automatically printed and mailed to intergroups. \$100.00 will be left in the newsletter budget for any group requesting it be mailed. The savings of \$1,000 from printing the newsletter will be moved to service and tradition workshops for a board member or delegate to travel to assist in workshops. Each intergroup and meeting is encouraged

to have a designated "down loader". This person would be responsible to check the Region One website and make copies of the newsletter and other events in the region. An additional \$461.50 will be sent to WSO over the original budgeted amount. Income for 2009 was \$15,700 with expenses of \$23,711.50. Excess funds of \$8,011.50 were used with no funds left over.

The Assembly closed at 5:30 pm on Friday. The 2010 Assembly and Convention will be in Missoula, Montana.

The Convention started with registration at 4:00pm on Friday. It was fantastic to see such a marvelous turnout. Our speaker, Lawrie, spoke on Friday evening, Saturday and again on Sunday morning. What a great message he had to share. There were also many other sessions to attend on a variety topics. We have a copy of all the sessions in CD form that will be available as soon as they can be burned. The boutique, raffle, literature table, bear table and GSI table were all very successful. Our intergroup Ways & Means table made a total of \$506.00. The convention was a wonderful experience. It takes many hands to put on an event of this size. Many thanks to all our OA friends that spent long hours working on this incredible event.

Submitted in loving OA service,

Barb M
Delegate, Greater Seattle Intergroup