

October 4, 2011 GSI Meeting Minutes

Chair opened the meeting at 7:15 pm with the Serenity Prayer. Tradition 10 and Service Concept 10 were read as well as a reading from For Today.

BOARD REPORTS

Delegate - Catherine B provided a recap of Region 1 Assembly from Sept 28-30 in Vancouver. Connie S was also a rep. It was attended by 26 reps and policies amended to reflect a more clear set of duties of assembly reps. There will be more actions within the committees. Catherine is now on the scholarship committee. Catherine also shared that the region may send a Board member at no expense for any OA function that includes them speaking at least 4 hours on traditions or service. The Region Board meets 4 times a year (Port Orchard April 2011). The plan is to grow 20% by 2013. A body image and sexuality workshops are available. They covered budgets and discussed "turn around slogans". Written reports from Catherine and Connie will be posted on our website.

Treasurer - Theresa had a written report available for all reps to take to their groups.

Vice-Chair – Sharon announced the following events: 1) IDEA Day marathon at W Seattle Seaview on 11/19/11 from 10:00am to 3:00pm. The suggested donation is \$5.00. 2) Attitude of Gratitude on 11/23/11 at Bethel Church in Shoreline from 6 to 9 pm. The suggested donation is \$5.00. This is a great way to start the Thanksgiving weekend. 3) Serenity night on the Sunday before Christmas.

Chair – Barb reminded everyone about the board elections and annual meeting in November. She will be finishing 4 years as chair and encourages all to consider running for chair. An announcement was made that the Sunday night West Seattle meeting is closing.

COMMITTEE REPORTS

Events: Bill is the chair for the Winter Retreat. He has a "dream team" started. All are welcome to join and do service for the retreat. **PI/PO** - Connie shared 2 posters. Adina is getting the posters copied. We are looking for pro bono work for OA for folks to step forward and post the posters. Connie is planning on spending part of the next year's budget on posters. A good newspaper article was sent around from Yakima on the benefits of OA.

SPECIAL COMMITTEE REPORTS

New directories were brought by Marcia. Marcia is the Life Line representative. Melah was appointed as the new Sponsor Coordinator.

DISCUSSIONS

1) Groups for youth were discussed. Julie talked about having a group for young people a few years ago and the difficulties. This is being worked on at the World Service level. 2) A Budget Committee consisting of Catherine B, Theresa, Kevin, Jeri and Shawn will meet during the month to present a new budget at the annual meeting. 3) Discussed whether it is OK to forward diversity of health services ie bariatric surgery to IG reps. 4) Theresa is checking with the bank about getting a credit or debit card for the group. 5) Discussed meetings in Spanish, phone and online meetings.

Meeting closed at 8:40pm with the Serenity Prayer.

ATTENDEES

Angel & Paulette - Tue/Thur night West Seattle

Melah - Sat Ballard and Wed night Univ District

Kaitlin - Mon night Univ Dist

Shawn - Tues night Northgate

Jeri -Wed Bethal church

Connie- Tues 12:15 Univ Dist & PI/PO Chair

Bill -Sun night Greenlake

Theresa -treasurer

Sharon - vice chair

Whitney - Tue & Thur 10:00 Am Burien

Julie - Mon night

Cynthia & Regina - Friday

Barb - chair