

Greater Seattle Intergroup of Overeaters Anonymous
Meeting Minutes
April 3, 2012

Opening:

The regular meeting of the Greater Seattle Intergroup was called to order at 7:15 PM on April 3, 2012 at St. Paul's Church of Christ in Seattle, WA by Bill A., GSI Chair.

Sue H. was elected as Secretary Pro Tem, in MJ's absence.

A. Adoption of Agenda

The agenda was adopted as distributed.

B. Approval of Minutes

The minutes of the March 6, 2012 meeting were approved as corrected.

C. Reports

Board:

Chair: Bill A. reported on the example being set by the Thursday AM Ballard group to foster interest in the Lifeline. Melah, sponsorship coordinator, regretfully resigned due to increased duties outside the program and encouraged others to step up into the sponsorship in general and into this service position, in specific. Bill also reported that service opportunities at the GSI level abound.

The following positions are open: 3 Delegates; 12th Step Within Committee Chair; Newsletter Editor; Sponsor Coordinator and Historian/Archivist. Information about the open positions is available on the seattleoa.org website.

Vice-chair: Sharon L. was absent, but sent got flyers ready for us, for which we are grateful.

Treasurer: Theresa R. reported the beginning balance was \$4,517.99 with expenses of \$1,439.20, deposits \$3663.72, savings balance \$749.69 and checking balance \$6,742.51.

Secretary: MJ No report

Delegates:

Catherine B. reported looking forward to the national conference, May 1 - 6. She's on a sub-committee working on changes "Before you take that first compulsive bite" pamphlet. There are 3 vacancies for delegates.

Standing Committees:

Events: In Sharon's absence, Connie reported on the Sponsorship workshop that will be held on Saturday, May 5 from 1-5 at the Greenwood United Methodist Church. The committee is looking for someone to coordinate a basket raffle at this event, including some baskets left from the winter retreat that was cancelled due to weather. Discussion followed about whether to save the baskets from the winter retreat for the June retreat.

Bylaws: Kevin C. reported that work on our bylaw revisions has been deferred until after the World Service Business Conference in May. Volunteers are being sought to work with Bill and Kevin on the revisions.

Public Information/Professional Outreach: Connie B. reported that she's asked if some of the PSA's purchased can be returned. Entities can link into the PSAs from the national organization. \$800 was paid for 18 radio PSAs and 10 television PSAs. Channel 114 11:45 until noon is running our PSAs. Connie will be stepping down at the end of April and is seeking a replacement. \$200 remains in the PI/PO budget for this year at this time.

12th Step Within: Needs chair

Ways and Means: Kaitlin reported that the group is gathering ideas and needs seed money to start. See discussion below in New Business.

HOW: Cheryl D. reported that they continue to work on the literature.

Special Committees:

Newsletter: Needs chair

Literature/Lifeline: Marcia reported that she brought literature, including a Strong Meeting checklist, information on how to have a Lifeline Rep for groups and, from the OA.org website, a document containing the principals that underlie the 12 steps and traditions. Newcomer packets will now be available for purchase for \$2.50 each, in particular for smaller groups who aren't ordering literature regularly. Contact her or Bill. The big bag of Lifelines, donated by Jan H., will be distributed at the GSI booth at the American Diabetes Association conference this month in Seattle.

Group Coordinator: Jenny H. reported new schedules are available and will post an updated meeting list on our local website, www.seattleoa.org.

Sponsor Coordinator: Needs chair.

Historian/Archives: Needs chair.

D. Unfinished Business

GSI Representative Outreach Committee (GSI ROCs) – Paulette moved that the GSI ROCs committee be formed. Camille was appointed chair of the committee. Camille may select her committee members. Several in attendance volunteered.

E. New Business

1) Approval of the Winter Retreat contract with Camp Seymour and make a deposit in the amount of \$2,880. Marcia moved that the contract be signed and the deposit made. Discussion included:

- Reservation commitment is 90 people, which is believed to be doable, given past attendance.
- Camp Seymour has the weekend after President's weekend available for us in 2013 and continuing.
- Catherine B expressed concern about this conflicting with Unity Day, which is celebrated worldwide on the 4th Saturday in February. Bill has discussed this with Sharon, and the current plan is to include a celebration of Unity Day at the Winter Retreat.
- 11 cabins have been reserved. The camp administration is aware of our needs for handicap accessibility.
- There is room for at least 100 commuters.
- The last several winter retreats has maxed out, so no problem with meeting our commitment is anticipated.
- Some concern was expressed about moving the retreat to February, as it was historically held in January. This clusters events in February and no GSI sponsored events in January.

Kevin moved **“to postpone the issue to next month”** and the motion passed. Bill will take this back to the retreat committee. They will consider whether the winter retreat can be earlier in 2013 at Camp Seymour or at a different facility.

2) Ways and Means Seed Money – Kaitlin indicated there is interest in a Ways and Means committee. She reported there are quilt squares left from an earlier event, but have not been assembled. With \$400 seed money, she could have the quilt completed and raffled for money. Kaitlin moved **“that GSI set aside \$400 for seed money for the Ways and Means committee fund raising efforts”** and the motion passed. Refer craft people to her.

3) A discussion was had about hosting the Region 1 Assembly and Convention in the last weekend in September 2013. It was in Vancouver last year. GSI provided the entertainment for that event. The Assembly is Wednesday to Friday, followed by the Convention that goes until Sunday, usually with an estimated 150 people. No motion was made. This issue may be revisited.

4) Quilt square - Kaitlin volunteered to prepare a quilt square representing Greater Seattle as our contribution to the Region 1 Convention where the finished quilt will be auctioned off to make money for Region 1. Other quilters who are interested in participating in this or other quilting projects can contact Kaitlin.

Any new business for the May 1 meeting, forward it to Bill at seattlechair@gmail.com.

Attendees Present:

	Meeting				Intergroup position
Bill A.					GSI Chair
Paulette	Tuesday PM	Fauntleroy,	Thursday PM	West Seattle	
Jane	Saturday	West Seattle			
Carrie	Sunday PM	Ravenna			
Lori	Saturday AM	Woodinville			
Brenda	Tuesday PM	Renton			
Sandy L.	Tuesday PM	Northgate			
Camille	Monday AM	Phinney			GSI ROCS Chair
Kevin	Thursday PM	Millcreek			Bylaws Chair
Esmeralde	Thursday	Ballard	Monday	Issaquah	
Kaitlin	Monday PM	U-District			Ways & Means Chair
Catherine B.					WSBC Delegate
Jenny H.	Thursday	Downtown YMCA			Meeting Directories
Connie					PI/PO Chair
Marta	Saturday AM	Ballard			
Theresa					Treasurer
Cindy H.	Sunday PM	Edmonds			
Denise	Wednesday	Shoreline			
Marcia H.					Literature/Lifeline
Jan H					Guest
Whitney	Monday	Burien	Thursday	Burien	
Cheryl D					HOW Chair
Sue H.	Saturday AM	Bellevue			Secretary Pro Tem

Adjournment:

Meeting was adjourned at 8:45 PM. The next regular meeting will be at 7:15 on May 1, 2012 in St. Paul's Church of Christ.

Minutes submitted by: Sue H., Secretary Pro Tem