# Greater Seattle Intergroup of Overeaters Anonymous

# Meeting Minutes August 7, 2012

# Opening:

The regular meeting of the Greater Seattle Intergroup was called to order at 7:15 PM on August 7, 2012 in St. Paul’s Church of Christ in Seattle, WA by Bill A., GSI Chair. The meeting was opened with the Serenity Prayer and the reading of Tradition 8, Concept 8 and the purpose of GSI: to carry the message to the compulsive eater who still suffers.

# A. Adoption of Agenda

The agenda was adopted as distributed.

# B. Approval of Minutes

The minutes of the June 2012 and July 2012 meeting were approved as corrected.

# C. Reports

**Board:**

Chair: Bill A. reported that he received an email from a member of the Las Vegas intergroup requesting sponsors for their isolated group. If you would like to help out, please email her at: [hp4me1945@yahoo.com](mailto:hp4me1945@yahoo.com). He also requested that all new GSI representatives consider chairing a committee.

Vice-chair: Sharon L. reported that a volunteer edited the digital recording of the OA HOW retreat speaker and it will be placed on the Seattle Intergroup website. She also provided information about upcoming events. Pilgrim Firs may still be accepting day registrations. She also reminded people about the upcoming convention in Spokane on September 26- 30. Ruby announced that her group would not be sponsoring the November 17 IDEA Day this year and someone else will need to step up to organize it. Sharon has requested reps talk to their groups about planning and organizing this event. She will help provide coordination to accomplish this.

Treasurer: Theresa R. reported on expenses, deposits and balances listed in the Treasurer’s report (July 1-July 31, 2012), which she distributed. They are as follows:

Expenses: $844.67

Deposits: $853.00 (cash) $2432.00 (checks)

Checking balance: $4844.91

Savings balance: $749.73

She reported the bank refunded one of the overdraft fees that we were charged last month. She also reported that the group has decided not to file our own 501(c) status request. Kevin stated that individual groups could obtain an EIN number by going to [www.irs.gov](http://www.irs.gov) and completing an online application.

**Delegates:**

Catherine B. reported that she has not posted her delegate report but still has plans to do so. She is still requesting questions be sent to her at: [cathe.brand@gmail.com](mailto:cathe.brand@gmail.com).

Pasha reported that she sent out an email from the Region 1 Board Chair that contained information about the “OA world”.

There are two vacancies for WSBC delegates and three vacancies for Region Representatives.

**Standing Committees:**

Events: Bill A. gave information about the Region 1 quilt raffle. He emailed a picture of the quilt and copies of tickets, which can be taken to your groups to sell. Tickets may be purchased online at the Region 1 website or if preferred, funds from any sales reps make can be returned to the next GSI meeting and Bill A. will ensure the funds are routed to Region 1. You do not have to be present to win and the funds raised will go to support Region 1 activities.

Public Information/Professional outreach: Connie is willing to mentor anyone willing to take this on. There is still an active committee currently working that needs leadership. There is a manual, which provides instruction and ideas. Lauren has agreed to step up to chair this committee.

12th Step Within: Pasha talked about the purpose of this committee - carrying the message to people within the fellowship that are still suffering. December 12th is the official 12th Step Within Day. Julie has agreed to step up to chair this committee.

Ways and Means: Joyce Anne has agreed to chair this committee. Ruby announced she has book covers.

**Special Committees:**

Newsletter: Beth has agreed to chair this committee, which has a $500 budget for its work. The newsletter link has been removed from our website.

Group Coordinator: Jenny H. sent a message via Bill A. that she would be contacting reps to provide copies of the new directories.

Sponsor Coordinator: Kelsi has agreed to chair this committee.

Hotline: needs chair. Laura has agreed to contact Paula Jo to see what is going on with the hotline.

Website: Catherine M sent an email to Bill A updating him on recent website changes. She is considering creating a new section for 12th step within, making the website mobile friendly and would like to receive suggestions for changes to the website. Send email to Bill A and he will forward to Catherine M.

Historian/Archives: needs chair.

GSI Representative Outreach Committee: Camille requested that anyone that is interested in joining the committee give her their contact information and she will organize a meeting for August. The committee’s goal is to increase attendance and involvement at GSI.

# D. Unfinished Business

1) Region One Assembly – we need to determine the number of reps that will attend and the appropriate paperwork has to be completed. There is budget of $1500 to support this service. Diane K moved and it was amended “**to send up to 3 representatives to the Region One Assembly”.**  The representatives attending assembly are obligated to serve on one Region One committee for one year. Camille was appointed to attend the Region One Assembly. It was approved by general consensus that the per diem be set at $60.

# E. New Business

1) It was moved **“to change the September 4 meeting date to September 11th”** and the motion passed.

### Attendees Present:

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| **NAME** | **GROUP OR POSITION** |
| Bill A | Chair |
| Brenda B | Renton - Tuesday PM |
| Beth G | St. Paul’s - Sunday PM |
| Camille | GSI ROCs Committee Chair |
| Catherine B | WSBC Delegate |
| Cheryl D | St. Paul’s - Tues PM and HOW committee |
| Connie | University district - Tuesday PM |
| Debbie | Shoreline |
| Diane K. | Issaquah - Sunday PM |
| Elena N | Phinney Ridge |
| Jane D | West Seattle - Sat AM and Sunday PM |
| Jennifer | Mill Creek |
| Joyce Anne | Ways and Means Committee Chair |
| Julie R | Bothell - Monday PM |
| Kelsi | University district - Tuesday/Friday night |
| Kevin C | Bylaws chair |
| Laura K | Mill Creek |
| Lauren | St. Paul’s - Thursday |
| MJ | Secretary |
| Pasha | WSBC Delegate |
| Paulette | West Seattle - Tuesday and Thursday PM |
| Ruby A | Burien - Thursday PM |
| Sandy L | Northgate - Tuesday night |
| Samantha | Edmonds - Sunday night |
| Sharon L | Vice-chair |
| Theresa | Treasurer |

### Adjournment:

Meeting was adjourned at 8:45 PM. The next regular meeting will be at 7:15 on September 11, 2012 in St. Paul’s Church of Christ.

Minutes submitted by: MJ, GSI Secretary