# Greater Seattle Intergroup of Overeaters Anonymous

# Meeting Minutes June 5, 2012

# Opening:

The regular meeting of the Greater Seattle Intergroup was called to order at 7:15 PM on June 5, 2012 in St. Paul’s Church of Christ in Seattle, WA by Sharon L., GSI Vice-chair. The minutes were recorded by Jeri K., acting secretary. The meeting was opened with the Serenity Prayer and readings of Tradition 6, Concept 6, and the purpose of GSI: to carry the message to the compulsive eater who still suffers.

# A. Adoption of Agenda

The agenda was adopted with one change in the order of items--the Webmaster’s report first.

# B. Approval of May Minutes

The minutes of the May 2012 meeting were approved with the following two corrections:

1. Under delegate reports: Strike “There are three vacancies for delegates”. Add this correction:

There are two vacancies for WSBC Delegates and three vacancies for Region Representatives.

1. Under website report, the webmaster’s name should be spelled “Hollie”.

# C. Webmaster Report

Our webmaster, Hollie, gave her report first due to her time constraints. The seattleoa.org website is up and running, however, Hollie needs to resign from her position as Webmaster. She estimated the amount of work at approximately 3 hours per month plus attendance at GSI meetings. Hollie is willing to provide training and assistance during the transition time for the new person who will be assuming this position. Meeting reps were asked to let OA members know we are looking for a new webmaster.

**Attendance**

All in attendance introduced themselves and an attendance list was circulated for people to sign.

# D. Board Reports

**Chair:** Items to be addressed under New Business.

**Vice-chair:** Report to follow under Events Committee.

**Treasurer:** Theresa R. reported on expenses, deposits and balances listed in the Treasurer’s Report (May 1-May 21, 2012), which she distributed. They are as follows:

Expenses: $3833.59;

Deposits: $119.25 (cash); $6653.90 (checks)

Balances: $749.72 (savings balance) and $8189.33 (checking balance).

**Delegates:** Catherine B. gave an oral report on WSBC and mentioned that Pasha’s report is on the website. Regarding AA literature, she reported on the following WSBC action:  The only AA literature which is OA-approved is listed on a handout she distributed. This literature includes 8 books (e.g., AA Big Book, AA 12&12) and 3 booklets (e.g., Came to Believe), all with original copyright dates of 2010 or earlier. AA pamphlets are no longer OA-approved literature.

**E. Standing Committees:**

**Events:** Sharon L. reported on the June 1-3 OA/HOW retreat, which was very successful and attended by approximately 80 OA members. $833 was made on the raffle and a summary of the retreat evaluations is being compiled and will be shared with the 2013 June retreat planning committee. She has received the proposed contract for next year’s retreat (May 31-June 2, 2013) and requested the deposit necessary to secure the Camp Huston (CH) facility. **A motion was made by Marta and seconded by Cheryl D. to pay the deposit of $1,365 to CH for next year’s retreat. The motion passed.** Sharon will sign the contract/conference planner and send it and the check to CH.

A question was raised about the January 2013 retreat insurance. Sharon responded that this is in the capable hands of the January retreat committee and is an operational issue they are working on.

**Public Information/Professional outreach:** Theresa agreed to contact Connie (who stepped down as chair last month) regarding WSO refunds for the PSAs previously purchased. This committee still needs a chair to work with OA members who are still interested in doing service. Reps were asked to let their meetings know about this need for service.

**12th Step Within:** needs chair

**Ways and Means:** Kaitlin displayed the newest fundraiser--beautiful OA Tool magnets, which are selling for $3 each. She also said her group is forming a ‘Quilting Bee’ for hand quilting the OA quilt which will be raffled at a later date. Interested members should contact Kaitlin.

**OA/HOW:** Cheryl reported on progress the committee is making on editing the OA/HOW local literature materials.

**Special Committees:**

**Newsletter:** needs chair

**Literature/Lifeline:** Marcia reported that Lifeline subscriptions have increased significantly—800 subscriptions in March and the magazine is close to self-supporting. Within Region 1, she reported that for the period Feb-April, there were 150 new subscriptions.

**Group Coordinator:** Jenny H. reported that the next printing of the OA meeting schedule will be June 9th.

**Sponsor Coordinator:** needs chair

**Historian/Archives**: needs chair.

**GSI ROCS:** A committee is forming.

# F. Unfinished Business: None

# E. New Business

**1) Physician Assistant Educators Association (PAEA) annual forum**: Catherine B reported the following: Our intergroup has been approached to consider participating as an exhibitor (staff a table/exhibit/display about OA) at this national forum which will take place during the 1st week of November, 2012, at the Seattle Westin Hotel. Exhibition dates are Thursday and Friday, November 8 & 9. The group of approximately 600 professionals attending this event represents instructors and staff of 159 schools which produce about 12,000 new Physician Assistants per year. (A physician's assistant -- the person who weighs you and takes your blood pressure -- is usually the first medical staff member a patient sees during an outpatient visit to their doctor.) Educating this group of instructors could have a significant impact in disseminating info about OA to the health care providers graduating from these schools.

The following would be involved if GSI decides to do this. GSI would need:

(1) A coordinator for the event,

(2) OA members who would staff the table. Catherine reported it was her understanding, based on correspondence with a WSO Board of Trustees member and information in the OA Professional Tradeshow Manual, that the OA members who staff the table need to be at a ‘healthy body weight’ because they are representing the effectiveness of OA to the medical profession.

This topic of OA table-staffers being at ‘a healthy body weight’ resulted in considerable discussion during the meeting. There were a few members at the meeting who expressed concerns about this stipulation.

(3) ASAP, someone who would write and submit an application to WSO for the $800 event exhibitor fee and for other expenses GSI might incur -- except for the cost of shipping the display.

(4) Approval of the cost for shipping the display to and from Seattle, which would be our/GSI cost, approximately $120.

A motion was made by Catherine that included the following:

\* to allocate up to $120 for shipping the OA display (both ways) for the PAEA event; these funds are to come from the GSI Professional Outreach/Public Information budget which can provide those funds when this committee receives a refund from WSO (see Standing Committee report above).

\* to approve Shawn as coordinator for writing and submitting the application to WSO before July 1 so that the WSO tradeshow scholarship committee will be able to make a decision about our application in July (#3, above),

\* that GSI participation will be contingent on a number of things, the most important being securing all exhibition-related costs (except display shipping) from WSO.

**The motion was seconded by Cheryl D. and was approved.**

**2) Angela’s Request for Interview Project**

Sharon distributed a handout concerning a research study request that Bill A. received. After some discussion, it was decided that participation in this study would be left up to individual members attending the GSI meeting. Interested members were asked to contact Bill A for Angela’s contact information.

**3) July GSI meeting**

Sharon asked the group to consider whether to change the July GSI meeting date, as it falls on July 3rd, the day before the July 4th holiday. A motion was made by Jenny H to change the date for the July GSI meeting from July 3 to July `10th and the meeting room from the fellowship hall to room 2. (Fellowship hall was not available on July 10). The motion was seconded by Catherine. The motion passed. The next GSI meeting will be held on Tuesday, July 10 at 7:15pm in room 2 at St. Paul’s Church in Ballard.

### Attendees Present (who signed Attendance Sheet):

|  |  |
| --- | --- |
| **NAME** | **GROUP OR POSITION** |
|  |  | |
| Sharon L  Theresa | Acting Chair; Vice-Chair  Treasurer | |
| Catherine B | WSBC Delegate | |
| Lori A | Woodinville-Saturday AM | |
| Erin | University District-Saturday AM | |
| Samantha B | Edmonds-Sunday PM | |
| Jeannette | Shoreline-Wednesday PM | |
| Denise | Shoreline-Wednesday PM | |
| Hollie B | Webmaster | |
| Shawn K | Northgate-Tuesday PM (substitute) | |
| Marcia H | Literature/Lifeline Chair | |
| Jenny | Downtown YMCA-Thursday Noon; Directory Coordinator | |
| Andrea | Ballard-Tuesday PM; Interest in Public Info/Prof. Outreach | |
| Marta | Ballard-Saturday AM | |
| Jeri K | Mill Creek-Thursday PM | |
| Jane | West Seattle-Saturday AM | |
| Kaitlin | Ways and Means Committee Chair | |
| Steve P | Ballard OA/HOW-Sunday PM | |
| Paulette  Cheryl D | West Seattle-Tuesday and Thursday PM  OA/HOW Committee Chair | |
| Brenda B | Renton | |

### Adjournment:

The meeting was adjourned at 8:45 PM. The next GSI meeting will be at 7:15 on July 10, 2012 in St. Paul’s Church of Christ, upstairs in Room 2.

Minutes/Notes taken by: Jeri K, acting GSI Secretary

Minutes edited, typed, submitted on 6.26.12 by: Sharon L, acting Chair