# Greater Seattle Intergroup of Overeaters Anonymous

# Meeting Minutes

# February 5, 2013

# Opening:

The regular meeting of the Greater Seattle Intergroup was called to order at 7:15 PM on February 5, 2013 in St. Paul’s Church of Christ in Seattle, WA by Bill A.,GSI Chair. The meeting was opened with the Serenity Prayer and the reading of Tradition 2, Concept 2, and the purpose of GSI: to carry the message to the compulsive eater who still suffers.

# A. Adoption of Agenda

The agenda was adopted as amended.

# B. Approval of Minutes

The minutes of the January 8, 2013 meeting were approved as corrected.

# C. Reports

**Board:**

Chair: Bill A. reported on two items related to the retreat:

1. Retreat Income and Expenses:

Income:

Monies Collected through Registrations $ 9,274.50

Monies Donated for Scholarships: $ 265.00

Total $ 9,009.50

Raffle Money Collected $ 1,160.58

Ways & Means Money Collected $ 216.25

Literature Money Collected $ 50.25

Total $ 1,427.08

Total Income: $10,436.58

Group Scholarship Money Collected $ 835.00

Monies Donated for Scholarships through Registrations $ 265.00

Total $ 1,100.00

Money Given Out in Scholarships $ (910.00)

Scholarships Funds Remaining for Next Retreat $ 190.00

Expenses:

Facility Deposit (paid six months prior) $ 2,048.00

Balance Due $ 6,656.00

Retreat Speaker Airline Ticket $ 208.75

Retreat Speaker Airport Parking $ 48.00

PayPal Expenses $ 89.35

Miscellaneous Expenses $ 500.00

Total $ 9,550.10

Total Monies Collected $10,436.58

Total Expenses $ (9,550.10)

Total $ 886.48

The $886.48 will be sent to World Service.

1. Collection of Monies for Tips – A collection was taken to thank Camp Seymour, however the wait staff could not accept tips so $250 was given to them for a brick for their new facility or as a scholarship for a child coming to camp. A question came up whether this violated Tradition 6. Bill asked for discussion from the group.

The consensus was that the money was not from OA but from individuals so the $250 was given to Camp Seymour.

Vice-chair: Sharon L. – No Report

Treasurer: Barbara reported that the bank account was balanced with the income and expenses received. She reported on the expenses, deposits and balances listed in the Treasurer’s Report (Jan 1 – Jan 31, 2013), which she distributed. They are as follows:

Beginning Balance: $ 9,308.56

Expenses: $ (2,219.95)

Deposits: $ 6,102.64

Expenses in Log not on Bank Statement: $ 1,301.56

Checking balance: $14,492.81

Savings balance: $ 749.77

Secretary: Coralee K. – No Report

**Delegates:**

Catherine B. reported about WSO structure information that is in newcomer’s packets.

**Standing Committees:**

Events: Sharon L. reported on the upcoming Unity Day at the Queen Anne public library on February 23rd. She also noted to save the dates of May 31 – June 2nd for the Spring Retreat. North Cascade retreat will have a speaker from LA who does the podcasts.

Bylaws: Kevin C. presented the World Service Business Conference amendment proposals to Bylaws and Policies. The GSI members voted on whether or not to approve the proposals to be included in the World Service Business Conference agenda. The results for the Policy Proposals were: A – Yes, B – No, C – No, D – No, E through M – All Yes. The results for the Bylaw Proposals were: 1 through 12 all Yes.

Public Information/Professional outreach: Lauren reported she was contacted by a Bellevue Group Health bariatric nurse about sending people out to talk to their support groups. She also reported they are going to be contacting local newspapers about putting in information as part of professional outreach.

12th Step Within: Open position

Ways and Means: Joyce Anne - no report.

HOW: Cheryl D. Not in attendance.

**Special Committees:**

Newsletter: Bill reported that Beth needs people to send in their commitments for pieces for the newsletter.

Literature/Lifeline: Marcia – Not in attendance.

Group Coordinator: Jenny H. Not in attendance.

Sponsor Coordinator: Adina reported for Kelsi. They are receiving two requests per month from OAs looking for sponsors. They are working with webmaster to update form coming in very near future. There are now 35 sponsors and still need more. Please get the word out about this service. Many people do not know about this way to find sponsors.

Hotline: Needs chair

Website: Catherine M. not in attendance – Bill noted that turnover in changes come within 24 hours.

Historian/Archives: Sandy L. - no report.

GSI Representative Outreach Committee: Bill reported for Camille about the Region One convention. The theme is Blast off to the Fourth Dimension. It has been a practice to make a quilt with intergroups participating by doing a square for the quilt. Wanted to know if someone would volunteer to do our square. A volunteer took on this job.

Insurance Committee: Coralee reported on her research about insurance for GSI. Margie, Region One trustee recommended contacting the Oregon Intergroup for information. She found and received a proposal by their insurer, Rose City Associates, for $500. The insurance will cover all GSI meetings, events and retreats. Coralee made a motion that a new line item be added to the budget for $500 for insurance be added. Passed.

# D. Unfinished Business

Bill brought out the four proposals to vote on that were discussed at the last meeting and held over until tonight. This was in an effort to keep GSI from having to use up the savings.

1. Reduce Ways and Means Budget from $250.00 to $100.00 ($150 savings). Motion to change Ways and Means budget to $100 passed.

2. Send One Delegate to World Service ($1250.00 Savings) – Discussed benefits of having two delegates or over one. It was also discussed that there would be a shortfall unless we found savings. Motion to postpone until next meeting failed. Motion to reduce budget to one delegate passed.

3. Reduce Rent by Using Free Public Meeting Spaces ($600 savings) – Held until the next meeting.

4. Reduce Directory to 2-Sided Document ($700 savings) – Held until the next meeting.

# E. New Business

### Attendees Present:

**Name Group or Position or Guest?**

Adina M. Sunday Ravenna

Barbara Treasurer

Bill A. Chair

Carolyn Wednesday PM St. Luke’s

Catherine B. WSBC Delegate

Claudia C. Saturday 8:30 Alano Club Bellevue

Connie Tuesday 12:15 U-District

Coralee K. Secretary

Debbie F. Wednesday Shoreline

Diana K. Visitor

Diane K. Sunday Issaquah & Monday Maple Valley

Dot Tuesday South Park

Emma Friday 7 PM St. Therese (Madrona)

Erin Saturday 10 AM U-District

Heidi Burien Monday & Thursday 10:30 AM

Jane H. Saturday AM Ballard

Joyce Anne Ways & Means

Julie R. Monday Nite “Road to Recovery”

Kelsi Sponsor Coordinator

Kevin Connelly Bylaw Chair

Lauren H. PI/PO

MJ Thursday PM West Seattle

Mary H. Monday AM Phinney Ridge

Michelle Sunday 9:30 Alano Club Bellevue

Paulette H. Tuesday Nite West Seattle

Sandy F. Historian/Archivist

Sarah B. Thursday 10:00 Ballard

Sharon L. Vice Chair

Sharon O. Tuesday 7 PM North Seattle Alliance Church

Shirley Monday 7 PM Columbia City

Sierra Friday Denny Park

Sue Holm Tuesday Renton

### Adjournment:

Meeting was adjourned at 8:55 PM. The next regular meeting will be at 7:15 on March 5, 2013 in St. Paul’s Church of Christ.

Minutes submitted by: Coralee K., GSI Secretary