# lflGreater Seattle Intergroup of Overeaters Anonymous

#  Meeting Minutes

#  July 2, 2013

# Opening:

The regular meeting of the Greater Seattle Intergroup was called to order at 7:15 PM on July 2, 2013 in St. Paul’s Church of Christ in Seattle, WA by Bill A.,GSI Chair. The meeting was opened with the Serenity Prayer and the reading of Tradition 7, Concept 7, and the purpose of GSI: to carry the message to the compulsive eater who still suffers.

# A. Adoption of Agenda

The agenda was adopted as amended.

# B. Approval of Minutes

The minutes of the June 4, 2013 meeting were approved as corrected.

# C. Reports

**Board:**

Chair: Bill A. reported that at the last GSI meeting the discussion about having a group inventory was positive and a position of a Group Inventory Chair was created. He also noted that the Delegate Positions #2, #3 & possibly #5 positions were open as well as his position would be up this December. If anyone is interested in any of these positions, he asked them to contact him.

Bill also reported that the webmaster is working on a calendar for the website. Since there are so many meetings and events they will have separate calendars for each.

Treasurer: Barbara K. reported on expenses, deposits and balances listed in the Treasurer’s Report (June 1 - 30, 2013), which she distributed. They are as follows:

Beginning Balance: $ 9,646.50

Expenses: $(9,133.78)

Deposits: $ 2,150.95

Expenses in Log not on Bank Statement: $ 0

Ending balance: $ 2,663.67

Savings balance: $ 749.80

She noted there was a balance of $2,663.67 after the upcoming retreat expenses had been paid.

**Delegates:** Catherine B. reported she is on World Service Business literature committee working on an intensive workshop for meetings. Additional projects being worked on are the OA promises and literature for small meetings. They would appreciate feedback about small meeting issues at Oasmallmeetingssmalltowns@gmail.com. Catherine also noted they would like to work on some literature about emotional recovery but there are not enough people right now. Eventually, they would like to address it. She also said the report on World Service Business meeting will be coming middle of July.

**Standing Committees:**

Events: In Sharon’s absence Bill noted that a save date flyer for the winter retreat January 31 – February 2, 2014 was available tonight for reps. Registrations will soon be open for it.

12th Step Within: This position is open. It generally involves a working on a 12th Step Within meeting similar to a marathon typically held in December.

Ways and Means: Joyce Anne reported she had more bookmarks available. A few people still need to pay for those she sent out. She also had some Notetaking/Journaling Retreat Kits left over from the retreat available for $3.

**Special Committees:**

Fellowship: Sierra reported she is working on social “things” events. She said there would be events such as dances, picnics and things like that. She noted she had written Region 1 and was told it was a great idea. They will be small events and everyone would be invited; no one will be excluded. She had researched if these events would be in alignment with traditions. Accessibility will also be addressed. She is thinking the first one would be in September. It would be a potluck, barbeque at a park. She reported our webmaster has put up her email address where people can send in ideas. Bill suggested if anyone was interested in helping on this committee, to let Sierra know.

Literature/Lifeline: Marcia reported on the literature available for sale.

Group Coordinator: Jenny H. reported this quarter’s directories are out. She said she is missing the contact from Monday UW meeting and asked if anyone was at the meeting representing that meeting. No one was here. Bill suggested Jenny send any changes to the directory to our webmaster so she can keep the website calendar up to date. Catherine also encouraged the reps to let their officers know to be sure to make any changes to meetings on the OA website – OA.org.

Historian/Archives: Sandy L. reported her position is open in September and gave a brief description of what she does.

# D. Unfinished Business - None

# E. New Business

 1) Judith suggested we put in a request using the OA Literature Proposal Form encouraging more literature on sponsorship. It was noted it would need to be submitted by April. Bill suggested since we have a literature committee Judith and Marcia, its chair, could work together one the proposal. Judith was willing to fill out the form for the next meeting. Catherine reported the World Service literature committee reviews these types of proposals as well as those proposed by Board Trustees when deciding what to work on.

2) Marcia suggested taking retreat recordings to a new level where we could produce podcasts. She reported they have recording files from the June retreat and need to find someone who has technology ability to create the introduction, etc. She noted too we have ability to put it on website. Sierra – wondered if we would be able to download them to equipment such as iPods from the website. Marcia and Bill both indicated yes. Joyce Ann asked if we needed to get new equipment. Bill indicated, yes, it would cost around $300. A motion to create an Event Recording Committee Chair was made and passed. Catherine suggested a list of skills needed for this position would be useful for the reps asking at their meetings. Marcia said she would send to Bill to email to the reps.

### Attendees Present:

**Name** **Group or Position or Guest**

Adele G. Millcreek Thursday

Annie F. Millcreek Thursday

Barbara GSI Treasurer

Bill A. GSI Chair

Catherine GSI Delegate

Coralee GSI Secretary

Debbie F. Shoreline Wednesday night

Diana K. Bellevue Sunday AM

Diane K. Issaquah Sunday 5:30 PM

Erin P. U District Saturday 10 AM

Fran Madrona Friday

Heidi Monday 10:30 AM/Thursday 12:00

Jane West Seattle Saturday/Sunday

Jenny H. GSI Meeting Directory Coordinator

Joyce Anne GSI Ways & Means Chair

Judith Edmonds Sunday 6:30 pm

Kevin C. GSI Bylaws Chair

Marcia GSI Literature/Lifeline Chair

Mary H. Phinney Monday AM

Mary L. West Seattle Thursday

Paulette West Seattle Tuesday

Rachael Renton Group Health Tuesday PM

Rachel Edmonds Sunday

Sandy L. GSI Historian/Archivist

Sarah B. Ballard Thursday 10:00 AM

Shaun Vashon Friday AM/Saturday AM

Sierra Denny Park Friday

### Adjournment:

Meeting was adjourned at 8:23 PM. The next regular meeting will be at 7:15 on August 6, 2013 in St. Paul’s Church of Christ.

Minutes submitted by: Coralee K, GSI Secretary