Greater Seattle Intergroup of Overeaters Anonymous February 3, 2015 Meeting Minutes (FINAL)

1) Opening:

The regular meeting of the Greater Seattle Intergroup (GSI) was called to order at 7:15 PM on Feb. 3, 2015 in St. Paul's United Church of Christ in Seattle, WA by Cindy C., Secretary, in the absence of the chair and vice chair. Kevin C. was nominated as chairman pro tem. The meeting was opened with the Serenity Prayer and the reading of Tradition 2, Concept 2, and the purpose of GSI:

2) Introductions

Adele-IR Mill Creek Thurs. KC-IR Sun. Alano Club, Fri AM Recovery Barbara K.—Treasurer Kevin C.-Bylaws Chair, IR Fri. Burien

Brenda N.-guest Lisa-IR 7PM Weds. Shoreline Catherine B.-IR Thurs 10 am Ballard Michelle C.-IR Capitol Hill Sun.

Cindy C.- Recording Secretary

Claudia-IR Tues, HOW Alano Club

Sandra C.-IR Fri Denny Park, Thurs. YMCA, Mon. U-District

Claudia-IR Tues. HOW Alano Club

District

Debi-Literature/Lifeline Chair

Edward-IR Mon. Columbia City Shawn-Wed. AM Recovery Cafe

Jean K.-IR Sat. University Sue H. – Delegate #1

Jeri K-IR Sat. St. Paul's

Jon O.-IR Bellevue Weds. Night Judith B.-IR Sun. Edmonds

Kathy F.-IR Sat. AM Woodinville

- 3) Adoption of Agenda The agenda was adopted as corrected.
- 4) Approval of the Minutes The minutes of the January 6, 2015 GSI meeting were approved as corrected.
- 5) Service in Small Packages: There was nothing for tonight.
- 6) Board Reports
 - a) Chair: (Stacey is ill)
 - b) Vice-chair: Mary L. (on vacation).
 - c) <u>Treasurer:</u> Barbara K. presented the treasurer's report. 2015 budget numbers were not on this written report, but will be included in the next report.

The Treasurer's report was as follows:

Beginning Balance: \$12,494.96 Expenses: (\$2,560.78) Income: \$5,543.00 w

Ending Balance: \$16,477.18 (This did not include all of the deposits/payments from

the Winter Retreat)

- d) Secretary: Cindy C. nothing to report.
- e) <u>Delegates: Delegate #1</u>: Sue H. Sue is prepping for the World Service Business Conference in April. Tonight the group will review Bylaw amendments and Business motions to be considered at the WSBC in Albuquerque.

7) Committee Reports:

- a) Standing Committees
 - 1. Events: Mary L. (Mary is on vacation) Kevin invited the group to share on past and future events.
 - a) Retreat. The literature from the retreat was given to Debi. Barbara was given the Retreat cash can; Ways & Means bookmarks were put in locker. Concerns were expressed about the speaker's content violating OA Traditions; questions were asked about how speakers are vetted.

- b) OA Unity Day The Unity Day mini-marathon will take place on February 28, 2015 from 10:30 am-1:30 pm at the Lake City Public Library.
- c) <u>I Love OA Night</u> This mini-marathon will be on Monday, February 9, 2015 from 7-9 pm at the Columbia City Church of Hope. More information on all events can be found at the GSI website seattleoa.org.
- 2. Bylaws: Kevin C. Group will review the WSBC Agenda questionnaire under new business.
- 3. PI/PO: Audra (absent)
- 4. <u>12th Step Within:</u> (Kelsi absent). Edward requested on Kelsi's behalf that people who have been in relapse contact her to share their experience.
- 5. <u>Ways and Means:</u> (Joyce Ann absent). Lisa will contact Joyce Ann about whether she wants to tender her resignation to the Chair or Secretary.
- 6. OA HOW: Cheryl D. was absent. Catherine B. told the group that the HOW Retreat committee has been formed and has begun planning the HOW Retreat to take place at Camp Huston on May 29-31, 2015.

8) Special Committees

- a) Fellowship: Sarah (absent).
- b) <u>Literature/Lifeline</u>: Debi had four additional keys made to literature cabinet. An additional locker is available at this location, upstairs for \$50 per year. The group asked Debi to check on accessibility and size. Debi also mentioned seeing Hazelden literature for sale in the Lee Building at the retreat. This appears to be a tradition violation. Judith has PI literature available should it be needed.
- c) Group Coordinator: Jenny H. (absent)
- d) Sponsor Coordinator: Heidi (absent)
- e) Hotline: Paula Jo (absent).
- f) Website: Catherine M. (absent)
- g) Historian/Archives: Erin (absent)
- h) Event Recorder Rachel (absent)

Unfinished Business:

- 1. Kevin explained that GSI Delegate positions 2, 3, 4, and 5 are vacant and explained the role and qualifications for the positions. Delegates may represent the intergroup at both the Region One Assembly and the World Service Business Conferences. The requirements are as follows: Candidates must have done their 5th step, have 2 years' service above group level (does not have to be contiguous), and 1 year of continuous abstinence. Kevin called for nominations for all of the positions, and there were none and the positions remain vacant.
 - Catherine encouraged group reps to "talk this up" at meetings. Claudia will make a flyer and email it to the intergroup list and post it to the website. Candidates should email Stacey and must be present to be elected. The requirement of service beyond the group level includes helping at retreats and other special events
- 2. 2015 WSBC Agenda Questionnaire: Kevin presented the motions that have been submitted to the World Service Office by OA service bodies for the World Service Business Conference. The intergroup voted on whether the proposed Business motions and bylaw amendments should be placed on the World Service Business Conference agenda, and decided that all of the proposed motions should be on the agenda. Kevin completed the Agenda Questionnaire, recording the intergroup's decisions, and it was signed by Cindy C as secretary. Cindy will send the questionnaire to WSO and email scanned copies to Stacey and Kevin.

- 3. Update on the Boyd project (the potential OA CD) Lisa played a recording of the original song with voices and instruments and also shared firm production costs with the intergroup. There was discussion of song copyright and potential Tradition conflicts; Sue H. will research copyright issues and report back to GSI at the March meeting.
- 4. The discussion of reducing the number of Meeting Directory copies was postponed until the next meeting.

New Business:

- a) Year end audit committee members are needed. The Audit Meeting has been rescheduled. Stacey will need to appoint additional committee members at the March meeting.
- b) Quilt Volunteer –volunteers are needed to make GSI's square for the Region One quilt. The theme is "The Journey is the Destination". Members were encouraged to recruit quilters in their meetings. Quilters can contact Sue or Stacey if they are able to help.

Without objection, the intergroup agreed to extend the meeting 5 minutes. to complete the agenda.

- c) KUOW OA announcement was postponed until next meeting
- d) Read WSO Bulletin was postponed until next meeting
- e) The question was asked "Why is the HOW Committee a Standing Committee instead of a Special Committee?" When the HOW Intergroup merged with GSI, it was agreed that there would be a Standing Committee to represent the HOW program.

Group Reports:

There were no group reports.

Good of the Order

Edward asked that GSI be mindful of the large GSI balance and that we consider using a portion to carry the message. Barbara suggested we come back to this after retreat monies have been deposited and payments made

Claudia shared an idea for a special event: "Traveling in Abstinence". The intergroup will discuss it at the March meeting.

The meeting was adjourned at 8:50 PM with the Serenity Prayer.

The next meeting will be at 7:15 on March 3, 2015 **ST. PAUL'S UNITED CHURCH OF CHRIST,** 6512 12TH AVE. NW, SEATTLE, WA 98117

Minutes submitted by: Cindy C. GSI Secretary